



# Autism Awareness Centre Inc. *believe in change*

**Vancouver, BC – February 27 & 28, 2015**

**Featuring Speakers Joyce Cooper-Kahn and Elizabeth Sautter**

**Marriott Vancouver Airport Hotel - 7571 Westminster Highway, Richmond, BC**

**Friday, February 27**

**Joyce Cooper-Kahn**

*Late, Lost and Unprepared: How to Help Youth Build Better Executive Functioning*

Executive functioning is an umbrella term for the mental processes that serve a supervisory role in thinking and behavior. Individuals with autism spectrum disorders, attention disorders and learning disabilities all have weak executive skills. For example, they may be disorganized and have trouble with planning, have weak ability to monitor their own behavior and performance, and struggle with situations where they must shift flexibly from one thought or behavior to another. We can help these young people by creating plans that include both short-term supports for daily success and long term strategies that facilitate the development of executive skills and build greater independence over time. This workshop will provide parents, teachers and other professionals with an understanding of executive functioning and how to help children who have weak executive skills. First, we will focus on what research tells us about executive functioning. We will use that information to consider practical principles of intervention, and we will apply these to intervention planning and to creating an "EF Smart" environment. Participants will have the opportunity to consider the needs of an individual child and to create an intervention plan over the course of the day. There will be ample time for questions and discussion to enhance learning.

**Joyce Cooper-Kahn, Ph.D.** is a clinical child psychologist with specific expertise in the assessment and treatment of children and adolescents with executive functioning deficits. She is the author of two books on executive functioning: *Late, Lost and Unprepared: A Parent's Guide to Helping Children with Executive Functioning* (Woodbine House, 2008) written with co-author Dr. Laurie Dietzel, and *Boosting Executive Skills in the Classroom: A Practical Guide for Educators*, written with Margaret Foster, M.A. (Jossey-Bass, 2013). In her work, Dr. Cooper-Kahn brings together science, clinical experience, and an appreciation for the daily demands of those raising and teaching children. Her passion lies at this junction where psychology informs daily life. For over 20 years, she has specialized in helping children, families and schools to successfully manage the full range of developmental challenges affecting children. Dr. Cooper-Kahn has worked in a variety of settings, including Johns Hopkins Hospital and the Kennedy-Krieger Institute. She is also the co-founder of Psychological Resource Associates, a private mental health practice in Severna Park, Maryland.

**Saturday, February 28**

**Elizabeth Sautter**

*Make Social Learning Stick: Practical Tools to Build Social Regulation*

Social Regulation (Kuypers and Sautter, 2011) is the ability to adjust one's level of alertness and modify how emotions and behaviors are revealed in order to meet social goals. Our world is filled with complicated social situations that can be sticky to navigate—both emotionally and socially. It's important to realize that within these situations, regulating emotions/behaviors and managing social communication go hand in hand. Understanding this connection helps to broaden the lens, look at the whole child, and focus on working as a team to paste together the practical applications that work for each child. This presentation will offer parents/caregivers, educators, and other professionals who work with individuals with social cognitive, executive functioning, communication & emotional regulation challenges, the glue that makes social learning stick. An overview of the components of social regulation, explanation of what various challenges look like, and commonly used curricula/frameworks will be provided. The majority of the presentation will focus on practical tools, concepts and suggestions that can easily be used the next day to support social regulation at home, school, work and in the community. Participants will learn to embrace teachable moments using new strategies as well existing ones in order to create a "social learning diet" for success. Please note that the frameworks and strategies will be aimed mostly for higher cognitive individuals.

**Elizabeth Sautter, M.A. CCC-SLP**, is a licensed speech and language pathologist and co-director and co-owner of Communication Works, a private practice offering speech, language, social, and occupational therapy for children and adults in Oakland, CA. She has worked with preschool to adult clients and their families since 1996 in private practice, schools, and hospitals. Following her professional passion, she specialized in social communication, self-regulation, and executive functioning and supervises a Center that provides individual and group therapy. She conducts trainings for parents/caregivers and professionals and thrives on learning and developing functional and creative intervention tools and programs to support her clients. She has completed a mentorship and internship with Michelle Garcia Winner, Stephanie Madrigal, and Pamela Crooke. She has co-authored two popular children's books with Kristen Wilson, *Whole Body Listening Larry at Home* and *Whole Body Listening Larry at School* published by Social Thinking.

**Register Online or Call:**

[www.autismawarenesscentre.com](http://www.autismawarenesscentre.com)

**Toll Free: 1-866-724-2224**

**Autism Awareness Centre Conference February 27 & 28, 2015 with Joyce Cooper-Kahn & Elizabeth Sautter**

**Please Print Clearly**

Name \_\_\_\_\_

Organization \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

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Postal Code: \_\_\_\_\_

Phone: \_\_\_\_\_

Fax \_\_\_\_\_

(Including area code)

Email: \_\_\_\_\_

(We will only send you emails about upcoming conferences or other important information in your area.)

**REGISTRATION FEE SCHEDULE**

*DEADLINE FOR REGISTRATIONS February 20, 2015*

**PROFESSIONAL**

**BEFORE February 12, 2015**

**AFTER February 12, 2015**

2 Days

\$300.00 + \$15.00 GST = \$315.00

\$330.00 + \$16.50 GST = \$346.50

\$ \_\_\_\_\_

1 Day Only

\$225.00 + \$11.25 GST = \$236.25

\$255.00 + \$12.75 GST = \$267.75

\$ \_\_\_\_\_

**Day Attending**

Friday \_\_\_\_\_

Saturday \_\_\_\_\_

**PARENT/PARA-PROFESSIONAL**

**BEFORE February 12, 2015**

**AFTER February 12, 2015**

2 Days

\$250.00 + \$12.50 GST = \$262.50

\$280.00 + \$14.00 GST = \$294.00

\$ \_\_\_\_\_

1 Day Only

\$160.00 + \$8.00 GST = \$168.00

\$190.00 + \$9.50 GST = \$199.50

\$ \_\_\_\_\_

**Day Attending**

Friday \_\_\_\_\_

Saturday \_\_\_\_\_

**TOTAL ENCLOSED**

\$ \_\_\_\_\_

**REGISTRATION INCLUDES:** Sessions, session materials, and refreshment breaks. If you do not receive a confirmation within 7 business days prior to the conference, please contact Autism Awareness Centre. Registrations received after the deadline may not be sent a confirmation prior to the conference.

**METHOD OF PAYMENT**

**FEES MUST BE PAID PRIOR TO EVENT**

*PLEASE MAKE CHEQUE PAYABLE TO AUTISM AWARENESS CENTRE INC.*

Visa

MasterCard

Cheque Enclosed

Purchase order #: \_\_\_\_\_

Card Number: \_\_\_\_\_

Expiry Date: \_\_\_\_\_

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Signature of Cardholder  
(Must be signed)

**Special Needs:** Do you have any special dietary needs?

Yes

No

If yes, please describe: \_\_\_\_\_

**SEND COMPLETED FORM WITH PAYMENT TO:**

Autism Awareness Centre Inc.  
56 Sussex Cres. S.W.  
Calgary, Alberta T2W 0L5

Ph: (Toll Free) 1-866-724-2224 or 403-640-2710 Fax: 403-451-9011  
E-mail: maureen@autismawarenesscentre.com  
Register Online at: www.autismawarenesscentre.com