

# Low Arousal Approach Training

**Edmonton, AB — November 7 - 9, 2019**

Training Presented by Mark Linski

The Low Arousal Approach enables professionals, carers and family members to deal and manage challenging behaviours. The approach empowers the individual or team to focus on the 'person' in the situation, identify the cause and use proven low arousal skills to reduce the aggression.

The Low Arousal Approach emphasizes a range of behaviour management strategies that focus on the reduction of stress, fear and frustration and seeks to prevent aggression and crisis situations. The low arousal approach seeks to understand the role of the 'situation' by identifying triggers and using low intensity strategies and solutions to avoid punitive consequences for individuals with Autistic Spectrum Disorder.

The Low Arousal Approach enables practitioners to avoid punitive consequences for individuals from a variety of settings through early identification and intervention using low intensity strategies and solutions. Studio III Canada Training Systems provides a non-aversive approach to challenging behaviour. Studio III offers criterion-based training, working with staff to develop specific skills to meet the particular needs of the service user.

## Training Details

### Schedule

Training sessions are Thursday, November 7th through Saturday, November 9th, 2019. Sessions begin at 9:00 am and end at 4:00 pm. Lunch and two snack breaks will be provided.

### Cost

\$750 per person (Limited to 22 participants)

### Location

St. Matthais Anglican Church  
6210 188 St. NW  
Edmonton, AB T5T 5T4

### Register

Maureen Bennie:  
Toll Free: 1-866-724-2224  
or register online at: [autismawarenesscentre.com](http://autismawarenesscentre.com)

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Full Name \_\_\_\_\_ (Please Print Clearly)

Organization \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ Province: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Phone: \_\_\_\_\_ Fax \_\_\_\_\_

(Including area code)

Email: \_\_\_\_\_

(We will only send you emails about upcoming conferences or other important information in your area.)

## REGISTRATION FEE

\$750/Per Person + GST of \$37.50 = \$787.50  
(Space is limited to 22)

If you are registering multiple attendees  
please provide their names below

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TOTAL ENCLOSED \$ \_\_\_\_\_

## METHOD OF PAYMENT

FEES MUST BE PAID PRIOR TO EVENT

PLEASE MAKE CHEQUE PAYABLE TO AUTISM AWARENESS CENTRE INC.

Visa  MasterCard  Cheque Enclosed  Purchase order #: \_\_\_\_\_

Card Number: \_\_\_\_\_

Expiry Date: \_\_\_\_\_

Name Of Cardholder: \_\_\_\_\_

Signature of Cardholder  
(Must be signed)

## SEND COMPLETED FORM WITH PAYMENT TO:

Autism Awareness Centre Inc.  
56 Sussex Cres. S.W.  
Calgary, Alberta T2W 0L5

Ph: (Toll Free) 1-866-724-2224 or 403-640-2710 Fax: 403-451-9011  
E-mail: maureen@autismawarenesscentre.com  
Register Online at : www.autismawarenesscentre.com



Autism Awareness  
Centre Inc.