# STUDIO

# Low Arousal Approach Training

## **Red Deer, AB — November 8 – 10, 2018**

Training Presented by Mark and Heather Linski

The Low Arousal Approach enables professionals, carers and family members to deal and manage challenging behaviours. The approach empowers the individual or team to focus on the 'person' in the situation, identify the cause and use proven low arousal skills to reduce the aggression.

The Low Arousal Approach emphasizes a range of behaviour management strategies that focus on the reduction of stress, fear and frustration and seeks to prevent aggression and crisis situations. The low arousal approach seeks to understand the role of the 'situation' by identifying triggers and using low intensity strategies and solutions to avoid punitive consequences for individuals with Autistic Spectrum Disorder. The Low Arousal Approach enables practitioners to avoid punitive consequences for individuals from a variety of settings through early identification and intervention using low intensity strategies and solutions. Studio III Canada Training Systems provides a non-aversive approach to challenging behaviour. Studio III offers criterion-based training, working with staff to develop specific skills to meet the particular needs of the service user.

# **Training Details**

#### Schedule

Training sessions are Thursday, November 8th through Saturday, November 10th, 2018. Sessions begin at 9:00 am and end at 4:00 pm. Lunch and two snack breaks will be provided.

#### Cost

\$750 per person (Limited to 16 participants)

#### Location

Little Wonders Childcare and After Hours Learning Centre 310-500 Timberlands Drive, Red Deer, AB T4P 0Z4

#### Register

Maureen Bennie: Toll Free: 1-866-724-2224 or register online at: autismawarenesscentre.com



Studio III Canada is a division of Autism Awareness Centre Inc. and organizes trainings in Canada.



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Full Name			(Pl	ease Print Clearly)
Organization				
Address:				
City:	Province:		Postal Code:	
Phone:		Fax		
(Including area code)		-		
Email:				
(We will only send you emails about upcoming conferences or other important information in your area.)				
REGISTRATION FEE \$750/Per Person + GST of \$37.50 = \$787.50 (Space is limited to 16)		If you are registering multiple attendees please provide their names below		
SCHEDULE Training sessions times: Thursday, November 8th through Saturday, I Sessions begin at 9:00 am and end at 4:00 pm Lunch and two snack breaks will be provided	٦.		TOTAL ENCLOSED	\$
METHOD OF PAYMENT FEES MUST BE PAID PRIOR TO EVENT Visa MasterCard Card Number: Name Of Cardholder:	Cheque Enclosed	🗆 Purcha	PAYABLETO AUTISM AWAREN se order #:	
SEND COMPLETED FORM WITH PAYI Autism Awareness Centre Inc. 56 Sussex Cres. S.W. Calgary, Alberta T2W 0L5	Ph:(Toll Free) 1-866 E-mail:maureen@a	-724-2224 or 403-640-2 autismawarenesscentre www.autismawarenessc	.com	

STUDIO CANADA



Autism Awareness Centre Inc.