

# Low Arousal Approach Training

## Surrey, BC — March 16 - 18, 2020

Training Presented by Sharon Power and Heather Lavigne

The Low Arousal Approach enables professionals, carers and family members to deal and manage challenging behaviours. The approach empowers the individual or team to focus on the 'person' in the situation, identify the cause and use proven low arousal skills to reduce the aggression.

The Low Arousal Approach emphasizes a range of behaviour management strategies that focus on the reduction of stress, fear and frustration and seeks to prevent aggression and crisis situations. The low arousal approach seeks to understand the role of the 'situation' by identifying triggers and using low intensity strategies and solutions to avoid punitive consequences for individuals with Autistic Spectrum Disorder.

The Low Arousal Approach enables practitioners to avoid punitive consequences for individuals from a variety of settings through early identification and intervention using low intensity strategies and solutions. Studio III Canada Training Systems provides a non-aversive approach to challenging behaviour. Studio III offers criterion-based training, working with staff to develop specific skills to meet the particular needs of the service user.

### **Training Details**

#### **Schedule**

Training sessions are Monday, March 16th through Wednesday, March 18th, 2020.
Sessions begin at 9:00 am and end at 4:00 pm. Lunch and two snack breaks will be provided.

#### Cost

\$750 per person (Limited to 20 participants)

#### Location

Resource and Education Centre 14123 92 Ave. Surrey B.C. V3V 0C7

March 16 - REC 206, March 17 - REC 304, March 18 - REC 206

### Register

Maureen Bennie

Toll Free: 1-866-724-2224

or register online at: autismawarenesscentre.com





### Low Arousal Approach Training Surrey, BC — March 16 - 18, 2020

Full Name				ease Print Clearly)
Organization				
Address:				
City:	Province:	_	Postal Code:	
Phone:		Fax		
(Including area code)				
Email:				
(We will only send you emails about upcoming conferences or other important information in your area.)				
REGISTRATION FEE				
\$750/Per Person + <i>GST</i> of \$37.50 = \$787.50	If you are registering multiple attendees			
(Space is limited to 20)	is limited to 20) please provide their names below			
SCHEDULE				
Training sessions times: Monday, March 16th through Wednesday, M	arch 18th. 2020.			
Sessions begin at 9:00 am and end at 4:00 pm.			TOTAL ENCLOSED	\$
Lunch and two snack breaks will be provide	a.			
METHOD OF DAYMENT				
METHOD OF PAYMENT FEES MUST BE PAID PRIOR TO EVENT	F	PLEASE MAKE CHEOLIE	PAYABLETO AUTISM AWAREN	ESS CENTRE INC
☐ Visa ☐ MasterCard	☐ Cheque Enclosed		se order #:	
Card Number:	E			
Name Of Cardholder:		Signature of Cardholder (Must be signed)		
	(	must be signed)		
	<del></del>			

#### SEND COMPLETED FORM WITH PAYMENT TO:

Autism Awareness Centre Inc. 56 Sussex Cres. S.W. Calgary, Alberta T2W 0L5 Phone: (Toll Free) 1-866-724-2224 or 403-640-2710 Fax: 403-451-9011

E-mail: maureen@autismawarenesscentre.com Register Online at: www.autismawarenesscentre.com





