



**Autism Awareness
Centre Inc.** *believe in change*



2016 RESOURCE SAMPLER

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Introducing a New Training in Canada

Studio III - Low Arousal Approach

This training system provides a non-aversive approach to challenging behaviour. The low arousal approach enables practitioners to avoid punitive consequences for individuals from a variety of settings through early identification and intervention using low intensity strategies and solutions.

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Canada's Leading Autism Conference Provider

We bring in some of the top speakers in their fields to offer a variety of up to date and cutting edge information on new tools, skills, research, and information pertaining to many of the joys and challenges facing those people who support individuals with autism spectrum disorders and their parents or caregivers.

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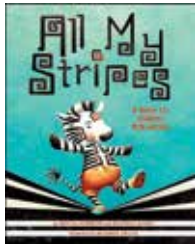


A 5 Could Make Me Lose Control! An activity-based method for evaluating and supporting highly anxious students

By Kari Dunn Buron

Price: \$34.95 Code: F165

This unique hands-on activity helps students who are highly anxious cope with their stress by systematizing social and emotional information. Using this self-contained product, the student literally sorts cards describing highly stressful situations into colorful pockets designating stress levels, ranging from 5-1, as a first step in changing the way he thinks about and responds to emotions such as anxiety, sadness and anger. A laminated erasable page and blank cards enable parents and teachers to individualize this innovative program.



All My Stripes - A Story for Children with Autism

By Shaina Rudolph

Price: \$13.95 Code: A745

Preschool - Kindergarten Zane shares his sadness about feeling different with his wise and gentle mother. It has been a frustrating day in which Zane has been teased for his various sensory-processing challenges and confused by idiomatic expressions he understands as literal. His mother gently reassures him that, like every zebra, he has many stripes: yes, he has an autism stripe, and he also has stripes indicating his caring nature, his honesty, his curiosity, and more.



Asperger's Rules! How to Make Sense of School and Friends

By Blythe Grossberg, PsyD

Price: \$13.95 Code: A755

A large part of school isn't just taking tests, reading, and writing — it's knowing the rules for behavior in the classroom and learning how to communicate with teachers and classmates. This book makes school easier for kids with Asperger's by explaining the confusing — and often unwritten — rules of the classroom. *Asperger's Rules* helps you learn the rules, so you will be better able to show your true talents at school. Suitable for ages 9 - 13.

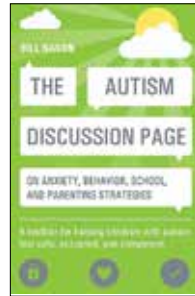


Attacking Anxiety - A Step-by-Step Guide to an Engaging Approach to Treating Anxiety and Phobias in Children with Autism and Other Developmental Disabilities

By Karen Levine and Naomi Chedd

Price: \$19.95 Code: A760

Drawing on the principles of Cognitive Behavioral Therapy (CBT), this book sets out a clear, enjoyable, step-by-step approach for addressing the sorts of anxieties, fears and phobias that are so common in children and teens with Autism Spectrum Disorders (ASD) and related challenges. Using this easy-to-follow model, parents and professionals will have the tools they need to help children and teens cope with and sometimes overcome anxieties caused by everyday occurrences.



The Autism Discussion Page on Anxiety, Behavior, School, and Parenting Strategies

By Bill Nason

Price: \$26.95 Code: A705

The Autism Discussion Page green book covers anxiety and stress, challenging behaviors, stretching comfort zones, discipline, and school issues. It also provides more general teaching and mentoring strategies for coaching children on the autism spectrum in basic daily living strategies to improve their day-to-day lives. Based on posts on the popular online community page and organized by subject for ease of reference, this book offers an excellent understanding of how children with autism process and experience the world and effective strategies for coping with the challenges.



The Autism Discussion Page on the Core Challenges of Autism

By Bill Nason

Price: \$26.95 Code: A700

The Autism Discussion Page blue book focuses on the core challenges associated with autism (cognitive, sensory, social, and emotional) and provides concise, accessible information and simple tools for supporting children with these vulnerabilities. Based on posts on the popular online community page and organized by subject for ease of reference, this book offers an excellent understanding of how children with autism process and experience the world and effective strategies for coping with the challenges.



The Autism Playbook for Teens - Imagination-Based Mindfulness Activities to Calm Yourself, Build Independence & Connect with Others

By Irene McHenry PhD, Carol Moog PhD, Susan Kaiser Greenland JD

Price: \$22.95 Code: A730

This book offers a unique, strengths-based approach to help teens with autism spectrum (including Asperger's Syndrome) develop social skills, strengthen communication, and thrive. The activities contained in each chapter are custom-designed to work with the unique perspectives, sensory processing, neurological strengths and challenges that teens with autism bring to their encounters with the social world.

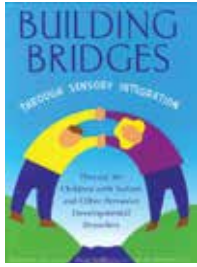


Autism Spectrum Disorder and De-escalation Strategies

By Steve Brown

Price: \$25.95 Code: A725

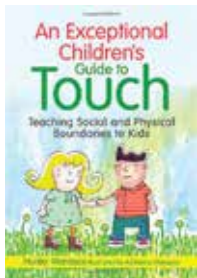
With clear advice and strategies that can be easily implemented in practice, Steve Brown explores various options and interventions, and explains how professionals can manage the behaviour of children (aged 3-18) in the safest possible way, promoting assertiveness and confidence. He includes a range of de-escalation and behaviour management strategies, information on risk assessments and legalities, advice on how to create safe spaces, insight into non-verbal communication and positive listening, and an honest and open discussion about the important role of physical interventions and positive handling techniques.



Building Bridges Through Sensory Integration: Therapy for Children with Autism and Other Pervasive Developmental Disorders, 3rd. Ed.

By **Ellen Yack, Paula Aquilla, Shirley Sutton**
Price: **\$41.95** Code: **B130**

Perfect for those working with young children, but broad enough to be adapted for older children and adults. Provides creative techniques and useful tips while offering innovative strategies and practical advice for dealing with everyday challenges, including managing behaviors, improving muscle tone, developing social skills, selecting diets - and more! *Building Bridges* offers a combination of theory and strategies for parents, therapists, and teachers.



An Exceptional Children's Guide to Touch: Teaching Social and Physical Boundaries to Kids

By **Hunter Manasco**
Price: **\$20.95** Code: **E205**

The rules of physical contact can be tricky to grasp and children with special needs are at a heightened risk of abuse. This friendly picture book explains in simple terms how to tell the difference between acceptable and inappropriate touch, thereby helping the child with special needs stay safe.



FLIPP The Switch: Strengthen Executive Function Skills

By **Sheri Wilkins and Carol Burmeister**
Price: **\$34.95** Code: **F265**

This practical book written for parents and educators by parents and educators. The target audience is anyone who works with young people aged 3-22 who are disorganized, inflexible, impulsive, and who struggle with planning or problem solving. Readers will learn about executive function (EF) and how EF skills contribute to success in school, at home, and in work environments. Most importantly, readers will receive specific instructions, templates, and how-to scenarios for 25 strategies, five strategies for each of the five FLIPP components - flexibility, leveled emotionality, impulse control, planning, and problem solving.



I am an Aspie Girl - A book for young girls with autism spectrum conditions

By **Danuta Bulhak-Paterson, illustrated by Teresa Ferguson**
Price: **\$15.95** Code: **I260**

Girls with an Autism Spectrum Disorder (ASD) are often quite different from boys with an ASD. In this fully-illustrated, colour storybook, Lizzie, an 'Aspie Girl', talks about all the things she and other girls with Asperger Syndrome sometimes find difficult, and all of the things that make them special.



101 Tips for the Parents of Boys with Autism

By **Ken Siri**
Price: **\$21.99** Code: **H310**

In this book you will learn about navigating puberty with your son including issues such as personal hygiene, inappropriate touching, and sex. Parents of boys with autism contend with many unique problems due to increases in size, strength, and aggression as the boy ages. How do you keep both yourself and your son safe when he is suddenly twice your size? *101 Tips for the Parents of Boys with Autism* has the answer.



The Incredible 5-Point Scale - Assisting Students with Autism Spectrum Disorders in Understanding Social Interactions and Controlling Their Emotional Responses (2nd Ed.)

By **Kari Dunn Buron and Mitzi Curtis**
Price: **\$27.95** Code: **I135**

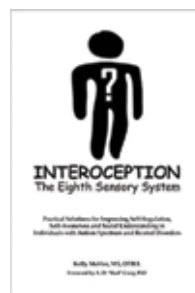
Using the same practical and user-friendly format as the first edition, Buron and Curtis let readers benefit from work done with the scales over the past 10 years, to result in refinements to the original scales, now considered "classics" in homes and classrooms across the country and abroad, as well as lots of new scales specifically designed for two groups of individuals: young children and those with more classic presentations of autism, including expanded use of the Anxiety Curve. Another welcome addition is a list of goals and objectives related to incorporating scales in students' IEPs. Also, a free CD includes blank scales, small portable scales and worksheets for easy duplication. As in their other writings, the authors emphasize the importance of self-management and self-regulation, two evidence-based practices.



The Incredible Flexible You™ Curriculum Set, Volume 1 with Music CD

By **Ryan Hendrix, Kari Zweber Palmer, Nancy Tarshis and Michelle Garcia Winner**
Price: **\$139.95** Code: **I230**

This new series introduces Michelle Garcia Winner's Social Thinking model to children ages 4-7. The series will eventually consist of 10 storybooks plus related curriculum, released in two volumes (5 storybooks + curriculum in each volume). Volume 1 Curriculum Package + Music CD (Deluxe Package)



Interoception: The Eighth Sensory System

By **Kelly Mahler**
Price: **\$40.95** Code: **I270**

Many people take it for granted, but one of the most important skills we have is being able to understand signals from our body. How you know if you're hungry, thirsty, tired, etc. are key abilities to live a healthy life. These are also skills that those with autism spectrum disorder tend to lack. Kelly Mahler's newest book gives professionals and parents a new way to consider teaching these talents to individuals with ASD. She describes the clear link between interoception and many important skills such as self-awareness, self-regulation, problem solving, intuition, and many more.



The Kids' Guide to Staying Awesome and In Control - Simple Stuff to Help Children Regulate their Emotions and Senses

By **Lauren Brukner**
Price: **\$22.95** Code: **K130**

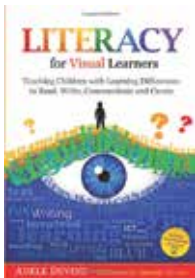
From breathing exercises and pressure holds to noise-reducing headphones and gum, this illustrated book is packed with simple strategies and tools to help children with emotional and sensory regulation difficulties aged approximately 7 to 14 years to stay cool, calm and in control.



Late, Lost, and Unprepared: A Parents' Guide to Helping Children with Executive Functioning

By **Joyce Cooper-Kahn, Ph.D. & Laurie Dietzel, Ph.D.**
Price: **\$29.95** Code: **L195**

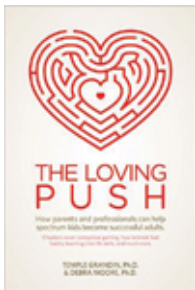
Children with weak executive skills (the cognitive skills that help us manage our lives and be successful) often do their homework but forget to turn it in, wait until the last minute to start a project, lose things, or have a messy room! Written by clinical psychologists, this book emphasizes the need for a two-pronged approach to intervention: 1) helping the child to manage demands in the short run, and 2) building independent skills for long-term self-management. Full of encouragement and practical strategies that make it easy to grasp concepts quickly and get started.



Literacy for Visual Learners: Teaching Children with Learning Differences to Read, Write, Communicate and Create

By **Adele Devine, Illustrated by Quentin Devine**
Price: **\$44.95** Code: **L275**

Some children are more responsive to visual stimulation than spoken words, and this book shows how to engage these children in literacy lessons by using strategies that cover everything from the latest assistive technology to getting creative on a limited budget. There are tips for sharing stories with children who find it hard to sit still, supporting reluctant writers, enabling the pre-verbal child to answer questions and helping the child who never stops talking to develop listening skills. The strategies are supported by practical resources, examples and case studies, to show how to instill in children the confidence to create and share their thoughts.



The Loving Push

By **Temple Grandin, Ph.D. and Debra Moore, Ph.D.**
Price: **\$27.95** Code: **L270**

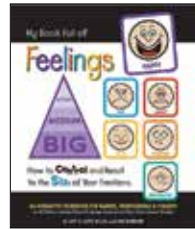
Best-selling author, autism advocate, and animal science professor Dr. Temple Grandin joins psychologist and autism specialist Dr. Debra Moore in spelling out what steps you can take to restore your child's hope and motivation, and what you must avoid. Eight life stories told by people on the autism spectrum, including chapters on subjects like how to get kids off their computers, how to build on their strengths and get back to caring about their lives, and how to find a path to a successful, meaningful life make this a "must-read book."



Make Your Own Picture Stories for Kids with ASD (Autism Spectrum Disorder)

By **Brian Attwood**
Price: **\$14.95** Code: **M315**

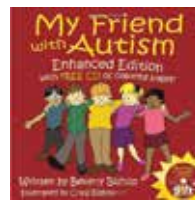
In this book, Brian describes step-by-step how to create simple yet effective picture stories using basic drawings and short lines of text, and provides examples based on real-life situations for you to adapt for your child. This book will give parents and carers the tools and confidence they need to create individualized picture stories to help their child with ASD cope with social situations, difficult emotions, transitions and other challenging situations.



My Book Full of Feelings: How to Control and React to the SIZE of Your Emotions - An Interactive Workbook for Parents, Professionals & Children

By **Amy V. Jaffe and Luci Gardner**
Price: **\$40.50** Code: **M165**

My Book Full of Feelings will help teach children to identify, access the intensity of and respond appropriately to their emotions. This book is fully interactive and uses a dry-erase marker so that unique situations and solutions can be added and changed with a wipe of a paper towel, as the child masters a skill and grows. Also included is a Communication Pad for tracking and sharing information between home and school.



My Friend with Autism - Enhanced Edition with CD-ROM of Coloring Pages

By **Beverly Bishop, Craig Bishop (Illustrator)**
Price: **\$20.95** Code: **M255**

My Friend with Autism is the exceptional result of parent Beverly Bishop's determination to educate her son's classmates about autism, thus helping her son fit in at school. A peer narrator explains that his friend with autism is good at some things and not so good at others—just like everyone else!



The New Social Story Book, Updated 15th Anniversary Edition

By **Carol Gray**
Price: **\$55.95** Code: **N120**

This 15th Anniversary Edition of Carol Gray's best-selling book offers ready-to-use stories that parents and educators have depended on for years, and new sections added are: How to most effectively use and apply the stories; How to improve the lives of younger children; and Social Stories for teens and adults with autism. Developed through years of experience, these strategically written stories explain social situations in ways children and adults with autism understand, while teaching social skills needed for them to be successful at home, school, work, and in the community.



Overcoming Anxiety in Children and Teens

By **Jed Baker, Ph. D**
Price: **\$20.95** Code: **O175**

Author Jed Baker describes motivational techniques, cognitive behavioral strategies, exercises, relaxation and mindfulness guides to lower anxiety to the point where individuals can begin to confront their fears. The book covers: simple phobias, social phobia, selective mutism, separation anxiety and school refusal, panic disorder, obsessive compulsive disorder, somatic symptom disorder and/or illness anxiety disorder, generalized anxiety disorder, perfectionism, and other common fears.



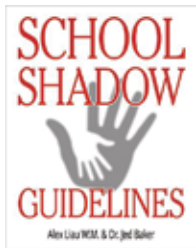
A Practical Guide for Teachers of Students with an Autism Spectrum Disorder in Secondary Education

By Debra Costley, Elaine Keane, Trevor Clark and Kathie Lane

Price: \$30.95

Code: P325

The book presents specific, ready-to-use classroom initiatives with example worksheets, checklists and timetables to help students keep organized with their school work. It also covers general obstacles such as social situations, anxiety, mental health issues and extracurricular activities and how adults can help. Guidance about the leaving school stage and how to ensure the teen is equipped to make the best possible decisions about their future is included.



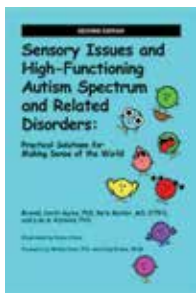
School Shadow Guidelines

By Jed. E. Baker

Price: \$20.95

Code: S765

Your child may find it difficult to adapt to new surroundings and learning environments from time to time. *School Shadow Guidelines* helps guide your child to develop appropriate behaviors in school, establish an environment that helps to strengthen academic ability, and also build up on his/her social interaction skills with the goal of independence. Special needs children can benefit from having inclusive education to aid in their development and growth; this is where school shadowing serves vital roles.



Sensory Issues and High-Functioning Autism Spectrum and Related Disorders

By Brenda Smith Myles, PhD, Kelly Mahler, MS, OTR/L, and Lisa A. Robbins, PhD

Price: \$30.95

Code: S710

This newly expanded book explains how many children with high-functioning ASD relate to the world through their senses. The book reviews sensory processing terminology and how the sensory systems impact behavior. An expanded discussion of assessment tools is followed by a comprehensive chapter on evidence-based interventions. Finally, a new chapter looks at meeting a student's sensory needs throughout the day and across environments using simple and easy-to-use forms and checklists.



A Short Introduction to Helping Young People Manage Anxiety

By Carol Fitzpatrick

Price: \$19.95

Code: S750

This book tells you everything you need to know about anxiety, its many causes and types, and associated disorders such as depression and self-harm. Case-studies help to show the effect of anxiety in real-life situations, and also provide useful tips and advice to help young people manage their symptoms.



Should I or Shouldn't I? What Would Others Think?

By Dominique Baudry

Price: \$33.95

Code: S570

This game encourages players to think about their own behavior choices and then compares how their perceptions match (or don't) those of the other players. It revolves around the idea of perspective taking - being able to think about others, their thoughts, feelings, and behaviors, and how this interrelationship plays out in social situations. The game is based on the Social Thinking concepts and vocabulary introduced by Michelle Garcia Winner and outlined in her many books and articles on the topic.



Should I or Shouldn't I? What Would Others Think?™ (Elementary School Edition)

By Dominique Baudry

Price: \$33.95

Code: S645

The Elementary Edition of our popular *Should I or Shouldn't I? What Would Others Think?™* game encourages players ages 8-11 to think about their own behavior choices and then compare how their perceptions match (or don't) those of the other players. The game makes thinking and talking about behavior fun, and allows players to explore their own thoughts, perspectives, and choices within a safe and consequences-free environment. Game play offers abundant opportunities to practice Social Thinking concepts, perspective taking, and problem solving skills, and discuss how our individual behavior choices affect those around us.



Social Rules for Kids-The Top 100 Social Rules Kids Need to Succeed

By Susan Diamond

Price: 27.95

Code: S520

Many parents are not sure of what to say and do to help their children improve their social interactions. This book helps open the door of communication between parent and child by addressing 100 social rules for home, school, and the community. Using simple, easy-to-follow rules covering topics such as body language, manners, feelings and more, this book aims to make students' lives easier and more successful by outlining specific ways to interact with others on a daily basis.



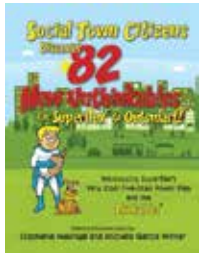
Social Thinking Thinksheets for Tweens and Teens: Learning to Read In-Between the Social Lines

By Michelle Garcia Winner

Price: \$47.95

Code: S685

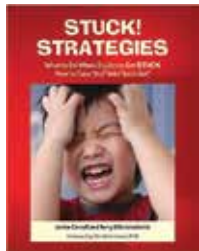
Thinksheets for Tweens and Teens focuses on the social issues and challenges faced by pre-adolescents and adolescents and introduces social concepts and strategies that can help individuals navigate these tricky years. Social rules and expectations change with age; thinking and behavior that was appropriate in elementary school can quickly become inappropriate and unexpected as students move into middle and high school. We developed these thinksheets to help educators, therapists, and parents encourage more mature social thinking and related shifts in their students' social skills.



Social Town Citizens Discover 82 New Unthinkables for Superflex® to Outsmart!

By Stephanie Madrigal and Michelle Garcia Winner
 Price: \$47.95 Code: S580

This latest edition in the Superflex series is a compilation work that introduces 82 new Unthinkables and 14 new Thinkables submitted by Social Town citizens of all ages. Unthinkables and Thinkables are grouped by theme/category for easy reference by student or adult, and each entry includes the character's power, related information about its characteristics, and strategies to defeat the Unthinkable or bolster a Thinkable's help. Five teaching handouts, all characters, and expanded teaching materials are contained on the CD included with the book.



Stuck! Strategies - What to Do When Students Get STUCK

By Janice Carroll and Terry Ellis Izraelevitz
 Price: \$27.95 Code: S740

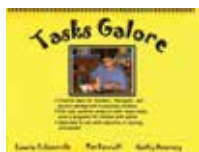
Do your students ever get STUCK? Are you searching for ways to get and keep your students engaged in teaching activities? STUCK Strategies is a treasure trove of proven methods for supporting students with disabilities such as autism spectrum disorders, communication disorders, developmental delays, Down Syndrome, and inflexible temperament. The authors' descriptions of each of 15 strategies include instructions for implementation under the headings: BASICS, MATERIALS, EXAMPLES OF THE USE OF THIS STRATEGY TO SUPPORT STUDENTS AWAY FROM STUCK BEHAVIOR, and REFERENCES.



Superflex: A Superhero Social Thinking Curriculum Package

By Michelle Garcia Winner and Stephanie Madrigal
 Price: \$72.95 Code: S370

The purpose of this Superhero Social Thinking (SST) curriculum is to provide the social-thinking educator, teacher, or parent with a fun, motivating, and non-threatening way for our students to explore social thinking while increasing their knowledge of social expectations, their awareness of their own behavior and how to modify their behaviors with Superflexible strategies. The 100-page curriculum gives clear, motivating lesson plans to help create their own Superflex Superhero Training Academy for the children. The children learn about how each of them have a "Superflex" superhero in their brain that is constantly being challenged daily by their very own "Team of Unthinkables," such as Rock Brain, Topic Twister Meister and Mean Jean.



Tasks Galore - Revised Edition

By Laurie Eckenrode, Pat Fennell, Kathy Hearsey
 Price: \$59.95 Code: T115

Book One is a virtual "encyclopedia" with over 250 color photographs of multi-modal tasks. *Tasks Galore* takes a look at developing tasks that address skills across curriculum areas. The tasks photographed were designed for individual students, based on their unique strengths, interests, and IEP goals, and the authors hope the tasks will serve as a launching pad for the reader's own ideas. Designed for preschool and elementary aged clients or older clients who are working on basic concepts.



Taking Care of Myself: A Hygiene, Puberty and Personal Curriculum for Young People with Autism

By Mary Wrobel
 Price: \$34.95 Code: T105

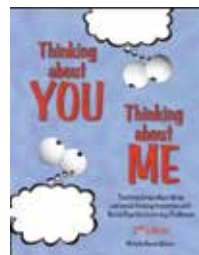
An experienced, certified teacher and speech-language pathologist has written this book to provide the necessary information on skills students need to live safe, healthy lives as independently as they are physically and mentally capable of living.



Think Social: A Social Thinking Curriculum for School-Aged Students

By Michelle Garcia Winner
 Price: \$120.95 Code: T280

A social thinking curriculum to guide therapists, educators and parents who are exploring how to introduce social thinking to their students in a more structured and thought out progression. The curriculum is meant to provide a template to guide all of our thinking but it is not meant to be a total teaching package! The curriculum is designed to assist children across the school ages with the following type diagnoses: Asperger Syndrome, Pervasive Developmental Disorder -Not Otherwise Specified, High-Functioning Autism, Attention Deficit Hyperactive Disorder (ADHD), Hyperlexia, Non-Verbal Learning Disability (NVLD), or no clear diagnosis but social challenges are present.



Thinking about YOU Thinking about ME (2nd Ed.)

By Michelle Garcia Winner
 Price: \$68.95 Code: T230

The author explores how perspective taking impacts students' abilities to socially relate as well as comprehend academic assignments that are laden with social themes such as comprehension of literature and working with peers in group assignments.



TIPS: Teaching Important Parenting Strategies

By Megan Ahlers and Colleen H. Zillich
 Price: \$30.95 Code: T450

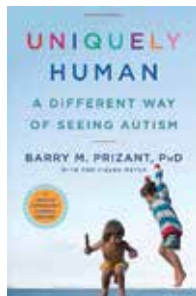
This is an excellent resource for anyone raising a young child with limited communication skills and/or challenging behaviors. Based on questions and answers that parents and caregivers have asked the authors throughout the years, TIPS may be read in its entirety, or readers can skip around among individual questions and answers. Regardless, the book can be used as a reference for finding practical, user-friendly solutions to common universal challenges encountered by parents and caregivers, including communication, behavior, technology, community outings, and sensory needs. All answers follow best practice and evidence-based strategies.



**Toilet Training and the Autism Spectrum (ASD)
- A Guide for Professionals**

By Eve Fleming and Lorraine MacAlister
Price: \$28.95 Code: T455

Focusing on the 3 'Ps' - preparation, practicalities and problem-solving - the authors offer a step-by-step process tailored for children with autism, which includes strategies for managing behavioural issues, approaches to address sensory sensitivities and advice on overcoming specific bowel and bladder difficulties. It also has an invaluable chapter on approaching toilet training with children with Pathological Demand Avoidance (PDA).



Uniquely Human: A Different Way of Seeing Autism

By Barry Prizant
Price: \$34.00 Code: U185

In *Uniquely Human*, Dr. Prizant suggests a major shift in understanding autism: Instead of classifying "autistic" behaviors as signs of pathology, he sees them as part of a range of strategies to cope with a world that feels chaotic and overwhelming. Rather than curb these behaviors, it's better to enhance abilities, build on strengths, and offer supports that will naturally lead to more desirable behavior and a better quality of life. In fact, argues Dr. Prizant, attempts to eliminate "autistic" behaviors may actually interfere with important developmental processes.



Whole Body Listening Larry at Home

By Kristen Wilson & Elizabeth Sautter - Illustrated by Eric Hutchison
Price: \$24.95 Code: W195

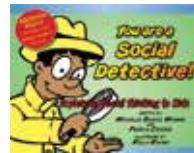
This colorfully illustrated storybook provides fun ways to teach children an abstract but essential idea - that their eyes, hands, brains - their whole bodies! - communicate, engage with and affect the people around them. Parents, teachers and therapists use this book to teach this challenging concept through illustrated scenarios at home, in the car, with friends, with grandparents - and a number of other very recognizable situations. If your young (primarily pre-K to third grade) student(s) is a bit (or a lot) wiggly, you might need this book!



Whole Body Listening Larry at School

By Kristen Wilson & Elizabeth Sautter - Illustrated by Eric Hutchison
Price: \$24.95 Code: W200

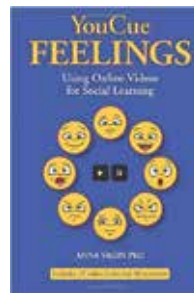
This is the 2nd book in a two-part series to help students develop a better concept of holistic listening, or Whole Body Listening. In this charming comic book, told in Poem, the authors, Sautter and Wilson explore how two siblings, Leah and Luka struggle to focus their brains and bodies during the school day. Kindly, a peer mentor helps to explain to these students how they need to use their eyes, hands, feet, heart, brain, etc. to listen in group environments to not only access the information but to work as part of a group. Preschool through 2nd grade students love the antics of our characters as they teach this important concept in a very fun manner!



You are a Social Detective!

By Michelle Garcia Winner and Pamela Crooke
Price: \$31.95 Code: Y110

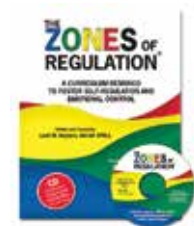
This entertaining comic book offers a variety of techniques for teaching students how to develop their own social detective skills. Enjoy watching your children blossom into successful Social Detectives! But this book isn't just for students who have challenges relating to autism spectrum disorders and like challenges, the lessons also offer a variety of engaging ways to introduce the concepts of social thinking to general education teachers, paraprofessionals, parents, caregivers, special educators, grand



YouCue Feelings: Using Online Videos for Social Learning

By Anna Vagin
Price: \$32.95 Code: Y130

Feelings are a crucial element of social relationships, yet students with social learning challenges frequently have limited understanding of emotions. Our goal for students with such challenges is for them to acquire social relationship skills that will improve their capacity for effective, fulfilling relationships with family members, people at their school or work, and members of their broader community. This is a large and complicated task. *YouCue Feelings* simplifies such learning using a relatively new form of storytelling - online videos - to accelerate learning about feelings and relationships.



Zones of Regulation

By Leah Kuypers
Price: \$62.95 Code: Z105

The Zones of Regulation is a curriculum geared toward helping students gain skills in consciously regulating their actions, which in turn leads to increased control and problem solving abilities. Using a cognitive behavior approach, the curriculum's learning activities are designed to help students recognize when they are in different states called "zones," with each of four zones represented by a different color. In the activities, students also learn how to use strategies or tools to stay in a zone or move from one to another. Students explore calming techniques, cognitive strategies, and sensory supports so they will have a toolbox of methods to use to move between zones.



Zones of Regulation Poster

By Leah Kuypers
Price: \$15.95 Code: Z110

This poster reinforces the teachings of *The Zones of Regulation* book/curriculum. Using a cognitive behavior approach, the curriculum's learning activities are designed to help students recognize when they are in different states called "zones," with each of the four color-coded and "road sign" oriented for clear recognition and reinforcement. Along the way, students learn how to use strategies or tools to stay in a zone or move from one to another. Students explore calming techniques, cognitive strategies, and sensory supports so they will have a toolbox of methods to use to move between zones.

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