



Autism Awareness Centre Inc. *believe in change*

Calgary, AB – November 15 & 16, 2019
Featuring Speakers Ryan Hendrix and Lauren Kerstein
Delta Calgary South Hotel - 135 Southland Drive SE, Calgary, AB

Friday, November 15

Ryan Hendrix

ZOOMING IN: Strategies for Concrete Learners
Ages 5 - Young Adult

This day focuses on developing rule-based social learning activities that connect to educational standards and support the student with significant social attention and social interpretation challenges. We will concentrate specifically on individuals who are described as Challenged Social Communicators (CSC) or Emerging Social Communicators (ESC) on our Social Thinking–Social Communication Profile. These individuals are more literal, more aloof, miss sarcasm, are less organized, show marked difficulty reading social contextual cues from people and situations, comprehending reading material, and expressing themselves through writing, and they appear more awkward in their attempts to socially engage with their peers. The day will explore the power of social attention using video clips to provide explicit and practical examples for teaching basic social concepts to encourage the development of theory of mind (perspective taking), sharing social attention, and awareness of trickery.

Participants will be able to:

1. Describe two or more core characteristics of Challenged and/or Emerging Social Communicators and explain the impact on social and academic learning.
2. Explain the connection between academic standards, social learning, and the challenges of literal learners using the Social Thinking Social Learning Tree.
3. Explain the process for creating a rubric for measuring outcomes related to perspective taking (point of view) for individuals who are more literal learners.
4. Describe two practical lessons for developing theory of mind.

Ryan Hendrix, MS, CCC-SLP, is a Social Cognitive Therapist at Social Thinking Stevens Creek in San Jose and a private therapist in San Francisco. She trained and works directly with Michelle Garcia Winner and Dr. Pamela Crooke. Her diverse caseload experience includes preschool-age children through young adults with varying levels of social cognitive learning challenges.

Saturday, November 16

Lauren Kerstein

Supporting Anxiety in Children and Adolescents
with ASD

Anxiety disorders are a challenge for many children and adolescents on the autism spectrum. Unfortunately, anxiety is often mistaken for willful behavior, which can lead to ineffective interventions. Anxiety can include:

- Physical symptoms such as stomachaches, difficulty breathing, sleep disruption, and headaches.
- Cognitive symptoms such as distorted thinking, difficulty making decisions, trouble concentrating, and challenges learning new tasks.
- Behavioral symptoms such as challenges with separation, refusal, increased rigidity, and shutting down.

With this presentation, attendees will learn how to identify characteristics of anxiety in their child or adolescent. Specific intervention strategies will be demonstrated and modeled that are rooted in:

- Cognitive Behavioral Therapy,
- Dialectical Behavior Therapy,
- and Positive Psychology.

Strategies will apply to home, community, and school settings. Although this presentation will primarily focus on children and adolescents who communicate verbally, interventions will be offered for children and adolescents who are not as verbal. Participants will leave this presentation with a new toolbox of strategies that they can put to immediate use.

Lauren H. Kerstein, LCSW, is a licensed clinical social worker who specializes in working with children through adults with autism spectrum disorder, anxiety, depression, and relationship skill difficulties. Lauren is the author of *A Week of Switching, Shifting, and Stretching: How to Make My Thinking More Flexible*; *My Sensory Book: Working Together to Explore Sensory Issues and the Big Feelings They Can Cause: A Workbook for Parents, Professionals, and Children*; and a textbook about high-functioning autism.

Register Online or Call:

www.autismawarenesscentre.com

Toll Free: 1-866-724-2224

Autism Awareness Centre Conference November 15 & 16, 2019 with Ryan Hendrix & Lauren Kerstein

Please Print Clearly

Name _____

Organization _____

Address: _____

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(Including area code)

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(We will only send you emails about upcoming conferences or other important information in your area.)

REGISTRATION FEE SCHEDULE

DEADLINE FOR REGISTRATIONS **November 7, 2019**

PROFESSIONAL

BEFORE October 30, 2019

AFTER October 30, 2019

2 Days

\$325.00 + \$16.25 GST = \$341.25

\$355.00 + \$17.75 GST = \$372.75

\$ _____

1 Day Only

\$240.00 + \$12.00 GST = \$252.00

\$270.00 + \$13.50 GST = \$283.50

\$ _____

Day Attending

Friday _____

Saturday _____

PARENT/PARA-PROFESSIONAL

BEFORE October 30, 2019

AFTER October 30, 2019

2 Days

\$285.00 + \$14.25 GST = \$299.25

\$315.00 + \$15.75 GST = \$330.75

\$ _____

1 Day Only

\$165.00 + \$8.25 GST = \$173.25

\$195.00 + \$9.75 GST = \$204.75

\$ _____

Day Attending

Friday _____

Saturday _____

TOTAL ENCLOSED

\$ _____

REGISTRATION INCLUDES: Sessions, session materials, refreshment breaks. If you do not receive a confirmation seven business days prior to the conference please contact Autism Awareness Centre. Registrations received after the deadline may not be sent a confirmation before the conference.

METHOD OF PAYMENT

FEES MUST BE PAID PRIOR TO EVENT

PLEASE MAKE CHEQUE PAYABLE TO AUTISM AWARENESS CENTRE INC.

Visa

MasterCard

Cheque Enclosed

Purchase order #: _____

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(Security code on back of card)

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Special Needs: Do you have any special dietary needs?

Yes

No

If yes, please describe: _____

SEND COMPLETED FORM WITH PAYMENT TO:

Autism Awareness Centre Inc.
56 Sussex Cres. S.W.
Calgary, Alberta T2W 0L5

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E-mail: maureen@autismawarenesscentre.com
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