



Autism Awareness Centre Inc. *believe in change*

Edmonton, AB – March 7 & 8, 2019

Featuring Speakers Bo Hejlskov Elvén and Carol Burmeister

Fantasyland Hotel - West Edmonton Mall, 17700 – 87 Ave., Edmonton, AB

Thursday, March 7

Bo Hejlskov Elvén

*Self Control and Challenging Behaviour:
The Why's and What's of Behaviour Management
in Autism*

Most challenging behaviour consists of strategies in order to maintain self control. By acknowledging that, we can change our view on behaviour and our behaviour management methods. Good behaviour management supports the person's self control instead of controlling the person with autism. This talk will emphasize both theoretical and hands on aspects of behaviour management.

Bo Hejlskov Elvén is a clinical psychologist based in Sweden. His work with guidance and lecturing concern managing challenging behavior. Bo's field is care and special education, mainly concerning children and adults with developmental disabilities such as autism, Asperger's syndrome, ADHD or intellectual disabilities. Bo also works in the psychiatric field and in juvenile correction facilities.

The basis of Bo's methods is developmental neuropsychology, stress and affect theory. The methods are part of an increasing knowledge base in the tradition often named the Low Arousal Approach.

Bo is the author of *No Fighting, No Biting, No Screaming: How to Make Behaving Positively Possible for People with Autism and Other Developmental Disabilities* which explains how to reassess difficult situations and offers easy and effective strategies for eliciting positive responses without resorting to restraint and punishment. He also recently authored *Sulky, Rowdy, Rude* that shows how parents can create consistent and effective structures, methods and responses, so that children can learn for themselves how to practice self-control and cooperation in a secure environment where they both belong and have autonomy.

His latest book *Disruptive, Stubborn, Out of Control? Why kids get confrontational in the classroom, and what to do about it* helps teachers understand why students are behaving in the way they are, and how to react in a way that restores peace and harmony in the classroom.

Friday, March 8

Carol Burmeister

*Strengthen Executive Function Skills to Decrease
Negative Behaviors and Build Positive Behaviors*

Many individuals struggle in academic and social settings due to executive function (EF) challenges — the ability to switch between topics and activities, initiate action, cope with change, make choices, plan and organize, manage time, inhibit impulses, regulate emotions, and solve problems. Often these individuals are seen as unmotivated or behaviorally challenged. It may seem as though an individual could meet expectations if he wanted to, but doesn't do so because he simply won't. However, the reality is that he lacks the skills to do what is expected and, therefore, cannot meet expectations without support.

Fortunately, there are numerous evidence-based practices that can be incorporated into preschool through high school classrooms, home, community, and work routines that develop EF skills and provide a foundation for building positive behavior that supports individuals in all environments. Furthermore, individuals with EF challenges can be taught to use the strategies independently, leading to self-regulation and sustainable improvements.

This conference is designed for teachers, educational assistants, parents, related service providers, and other professionals who work with and support children and adolescents with executive function challenges. Using lecture, demonstration, discussion, and video clips, the presenter will introduce participants to a variety of strategies that can be used immediately by parents, educators, professionals, and individuals with autism themselves to achieve greater levels of success.

Carol Burmeister, M.A., has a life-long passion for supporting individuals with special needs, their families, and the schools and community settings that serve them. Her professional experience includes serving as a paraeducator, general education teacher, special educator, program specialist, university instructor, and consultant across a variety of educational settings. Burmeister has presented extensively on autism and related disorders as well as served as part of the University of California, Riverside committee that developed and implemented a certificate program for teachers of students with autism. In addition, she is co-author, with Dr. Sheri Wilkins, of the book, *FLIPP the Switch: Strengthen Executive Function Skills*.

Register Online or Call:

www.autismawarenesscentre.com

Toll Free: 1-866-724-2224

Autism Awareness Centre Conference March 7 & 8, 2019 with Bo Hejlskov Elvén & Carol Burmeister

Please Print Clearly

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Address: _____

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(We will only send you emails about upcoming conferences or other important information in your area.)

REGISTRATION FEE SCHEDULE

DEADLINE FOR REGISTRATIONS **March 1, 2019**

PROFESSIONAL

BEFORE February 22, 2019

AFTER February 22, 2019

2 Days

\$315.00 + \$15.75 GST = \$330.75

\$345.00 + \$17.25 GST = \$362.25

\$ _____

1 Day Only

\$240.00 + \$12.00 GST = \$252.00

\$270.00 + \$13.50 GST = \$283.50

\$ _____

Day Attending

Thursday _____

Friday _____

PARENT/PARA-PROFESSIONAL

BEFORE February 22, 2019

AFTER February 22, 2019

2 Days

\$275.00 + \$13.75 GST = \$288.75

\$305.00 + \$15.25 GST = \$320.25

\$ _____

1 Day Only

\$165.00 + \$8.25 GST = \$173.25

\$195.00 + \$9.75 GST = \$204.75

\$ _____

Day Attending

Thursday _____

Friday _____

TOTAL ENCLOSED

\$ _____

REGISTRATION INCLUDES: Sessions, session materials, refreshment breaks. If you do not receive a confirmation seven business days prior to the conference please contact Autism Awareness Centre. Registrations received after the deadline may not be sent a confirmation before the conference.

METHOD OF PAYMENT

FEES MUST BE PAID PRIOR TO EVENT

PLEASE MAKE CHEQUE PAYABLE TO AUTISM AWARENESS CENTRE INC.

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Cheque Enclosed

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