



# Autism Awareness Centre Inc. *believe in change*

**Ottawa, ON – April 2 & 3, 2020**

**Featuring Speakers Erin Brooker Lozott and Bo Hejlskov Elvén**  
**Shaw Convention Centre, 55 Colonel By Drive, Ottawa, ON**

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## **Thursday, April 2**

### **Erin Brooker Lozott**

*Addressing Emotional Regulation in Children and Adolescents with Autism Spectrum Disorders*

Emotional Regulation, the maintenance of emotional states and energy is a significant challenge for many individuals on the spectrum. Difficulties staying well regulated can impact relationships, learning, daily activities and fun!

The course will begin with a brief review of the core developmental challenges faced by autistic individuals at various stages in development (i.e., pre-verbal stages, emerging language stages, and conversational stages). This introduction of regulatory challenges and social communicative difficulties will then be followed by a discussion of the interplay between these areas and their impact on an individual's social communicative competence. This relationship will be addressed from both a developmental standpoint, as well as a situational one.

This talk will explore the numerous factors that impact an individual's ability to be organized and engaged with others. Practical guidelines for prioritizing the support of emotional regulation for autistic individuals across a wide developmental range will be discussed. Emphasis will be placed on supports that can be used proactively and reactively.

**Erin Brooker Lozott, M.S., CCC-SLP**, is the Director of Clinical Services and Global Support at Els for Autism Foundation. She oversees the development and delivery of all therapeutic services across the lifespan. Erin is a licensed and certified Speech-Language Pathologist. She has been working with individuals with autism spectrum disorder (ASD) and related disabilities across ages and settings for over 20 years. Prior to joining Els for Autism Foundation, Erin worked for Children's Healthcare of Atlanta-Marcus Autism Center as the Community Interventionist Manager, participating in research and educational outreach projects.

Erin has co-authored publications on topics related to ASD. She has presented and consulted extensively on a national and international level and she is an appointed member of a scientific advisory committee for an international non-profit autism association. Erin is currently pursuing her doctorate in special education with a focus of applied behavior analysis at Nova Southeastern University in Davie, Florida.

## **Friday, April 3**

### **Bo Hejlskov Elvén**

*Self Control and Challenging Behaviour: The Why's and What's of Behaviour Management in Autism*

Most challenging behaviour consists of strategies in order to maintain self control. By acknowledging that, we can change our view on behaviour and our behaviour management methods. Good behaviour management supports the person's self control instead of controlling the person with autism. This talk will emphasize both theoretical and hands on aspects of behaviour management.

**Bo Hejlskov Elvén** is a clinical psychologist based in Sweden. His work with guidance and lecturing concern managing challenging behavior. Bo's field is care and special education, mainly concerning children and adults with developmental disabilities such as autism, Asperger's syndrome, ADHD or intellectual disabilities. Bo also works in the psychiatric field and in juvenile correction facilities.

The basis of Bo's methods is developmental neuropsychology, stress and affect theory. The methods are part of an increasing knowledge base in the tradition often named the Low Arousal Approach.

Bo is the author of *No Fighting, No Biting, No Screaming: How to Make Behaving Positively Possible for People with Autism and Other Developmental Disabilities* which explains how to reassess difficult situations and offers easy and effective strategies for eliciting positive responses without resorting to restraint and punishment. He also recently authored *Sulky, Rowdy, Rude* that shows how parents can create consistent and effective structures, methods and responses, so that children can learn for themselves how to practice self-control and cooperation in a secure environment where they both belong and have autonomy.

His latest book *Disruptive, Stubborn, Out of Control? Why kids get confrontational in the classroom, and what to do about it* helps teachers understand why students are behaving in the way they are, and how to react in a way that restores peace and harmony in the classroom.

**Register Online or Call:**

**[www.autismawarenesscentre.com](http://www.autismawarenesscentre.com)**

**Toll Free: 1-866-724-2224**

# Autism Awareness Centre Conference April 2 & 3, 2020 with Erin Brooker Lozott & Bo Hejlskov Elvén

Please Print Clearly

Name \_\_\_\_\_

Organization \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

Province: \_\_\_\_\_

Postal Code: \_\_\_\_\_

Phone: \_\_\_\_\_

Fax \_\_\_\_\_

(Including area code)

Email: \_\_\_\_\_

(We will only send you emails about upcoming conferences or other important information in your area.)

## REGISTRATION FEE SCHEDULE

DEADLINE FOR REGISTRATIONS **March 24, 2020**

### PROFESSIONAL

#### BEFORE March 12, 2020

#### AFTER March 12, 2020

2 Days

\$325.00 + \$42.25 HST = \$367.25

\$355.00 + \$46.15 HST = \$401.15

\$ \_\_\_\_\_

1 Day Only

\$240.00 + \$31.20 HST = \$271.20

\$270.00 + \$35.10 HST = \$305.10

\$ \_\_\_\_\_

**Day Attending**

Thursday \_\_\_\_\_

Friday \_\_\_\_\_

### PARENT/PARA-PROFESSIONAL

#### BEFORE March 12, 2020

#### AFTER March 12, 2020

2 Days

\$285.00 + \$37.05 HST = \$322.05

\$315.00 + \$40.95 HST = \$355.95

\$ \_\_\_\_\_

1 Day Only

\$165.00 + \$21.45 HST = \$186.45

\$195.00 + \$25.35 HST = \$220.35

\$ \_\_\_\_\_

**Day Attending**

Thursday \_\_\_\_\_

Friday \_\_\_\_\_

**TOTAL ENCLOSED**

\$ \_\_\_\_\_

**REGISTRATION INCLUDES:** Sessions, session materials, refreshment breaks. If you do not receive a confirmation seven business days prior to the conference please contact Autism Awareness Centre. Registrations received after the deadline may not be sent a confirmation before the conference.

## METHOD OF PAYMENT

### FEES MUST BE PAID PRIOR TO EVENT

PLEASE MAKE CHEQUE PAYABLE TO AUTISM AWARENESS CENTRE INC.

Visa

MasterCard

Cheque Enclosed

Purchase order #: \_\_\_\_\_

Card Number: \_\_\_\_\_

Expiry Date: \_\_\_\_\_

3 Digit Code: \_\_\_\_\_

(Security code on back of card)

Name Of Cardholder: \_\_\_\_\_

Signature of Cardholder (Must be signed) \_\_\_\_\_

**Special Needs:** Do you have any special dietary needs?

Yes

No

If yes, please describe: \_\_\_\_\_

## SEND COMPLETED FORM WITH PAYMENT TO:

Autism Awareness Centre Inc.  
56 Sussex Cres. S.W.  
Calgary, Alberta T2W 0L5

Ph: (Toll Free) 1-866-724-2224 or 403-640-2710 Fax: 403-451-9011  
E-mail: maureen@autismawarenesscentre.com  
Register Online at: www.autismawarenesscentre.com